





NURTURE YOUR ADVENTUROUS SPIRIT ON SCOTLAND'S STUNNING ISLANDS

What makes Scotland so amazing is it's stunning and varied range of islands off the west coast and north east coast. With some being easily accessible from the mainland on a short ferry journey, and others on the edge of the Atlantic and a rewarding site after a longer ferry adventure, or perhaps a short flight, you can spend many seasons and years exploring the characterful islands on offer.

Each island has its very own special reason to visit, but all will entice you to immerse your senses in a range of landbased or water-based activities and rich in wildlife spotting opportunities.

The Inner Hebrides, Outer Hebrides, Shetland, Orkney, Skye, the Small Isles and Clyde Islands are all perfect destinations for long holidays, packed full of adventure and relaxation.

The Outer Hebrides, also called the Western Isles, are the most westerly edges of the British Isles, and home to a treasure trove of species including puffins, golden eagles, basking sharks, minke whales and otters.

Being on the edge of the Atlantic, these unique islands offer wild landscapes and some of the most beautiful sandy beaches in Europe. The deserted white stretches of sand and turquoise waters are the perfect setting for a thrilling range of water activities! You can book a vast range of activities with experienced and skilled guides to help you find the perfect spots, learn techniques, and ultimately to have the most fun!

Some wild and wet activities include:

- Kite Surfing the waves in Lewis, Harris and Uist
- · Sea kayaking rugged and serene coastlines
- · Canoeing inland lochs and water-ways
- · Wildlife Boat Trips to uninhabited islands and open waters
- Sailing across the Minch

OUTER

HEBRIDES

- · Guided open water wild swimming
- · Guided snorkelling and diving in rich marine waters
- · Cruise Holidays on catered boats
- River, loch and sea fishing
- · Boat trip to the UNESCO World Heritage Site of St Kilda

The ancient landscapes of these remote Hebridean islands are bursting with dramatic views, historical sites of interests, traditional blackhouses, castles and brochs.





Each of the islands stretching from Barra in the south to Lewis in the north offer very different landscapes to enjoy, from hill walking and rock climbing to long distance trails and cycling routes.

Some land-based activities include:

- Guided inland walks, including the Hebridean Way
- Coastal walks and cliff-edge explorations
- Wildlife watching some of Scotland's most loved species
- Guided gravel biking trails across mixed terrain
- Road-cycling experiences with ever-changing views to keep you motivated

You can spot some of Scotland's best nature and wildlife

- Fascinating flora and fauna
- Hear (or maybe even see) the elusive corncrake in the machair wildflower meadows
- Atlantic grey seals and the important pupping site at Monach Islands
- Europe's largest colony of seabirds at the World Heritage UNESCO site of St Kilda
- Spot from land or at sea puffins, basking sharks, minke whales, otters and magnificent golden eagles
- Visit the RSPB Balranald Nature Reserve with sandy beaches, rocky foreshore, marshes and sand-dunes to see many wading and farmland birds
- · Book sightseeing and wildlife boat trips to special spots in the Hebrides

Book amazing Outer Hebrides experiences with our passionate Wild Scotland members so you can explore responsibility, pick up new fun skills and have memorable adventures.

Experiences in Outer Hebrides >

ORKNEY

SPOT FROM LAND OR AT SEA PUFFINS, BASKING SHARKS, MINKE WHALES, OTTERS AND MAGNIFICENT GOLDEN EAGLES.

Orkney is a collection of 70 islands (20 inhabited) located approximately 10 miles off the north coast of Scotland. The enchanting islands have beautiful beaches, dramatic sea cliffs and wondrous land and sea wildlife.

You will be surrounded by natural sights to enjoy as well as enjoying the opportunity to book experiences that will teach you new skills, learn more about the area and make holiday memories like no other.

Make the most of the water surrounding Orkney

- · Book a boat trip or sailing holiday to appreciate the scale of Orkney from the sea
- Try sea fishing as well as river and loch fishing across the island with a bookable experience
- · Learn how to dive in the rich coastal waters with local and experienced coaches
- · Feel exhilarated with a sea kayaking session

Explore the dramatic landscapes

- Explore the rich and dominating landscapes on a guided walking tour
- Clock up the miles as you cycle the trails, roads and coastal paths on a guided cycling experience
- Discover unspoiled landscapes and key sight-seeing spots on a guided exploration

Get closer to wildlife and nature

- · Seek out amazing wildlife responsibly, on a guided wildlife watching tour
- Share the natural habitat with the local wildlife on an immersive bookable wildlife experience on land and at sea
 - Visit the Isle of Ronaldsy, an official Dark Sky Island to see the sky at its best
 - · Head to Westray (one of the largest of the islands)

Book amazing experiences with our passionate Wild Scotland members in Orkney so you can explore responsibility, pick up new fun skills and have memorable adventures.

Experiences in Orkney >





#nurtureinscotland





SKYE & SMALL ISLES

The Small Isles are a small archipelago south of Skye, and consist of Eigg, Rum, Muck and Canna.

Make the most of the island's stunning water

- · Skye and all the small isles are popular for a wide range of water activities
- Hire equipment from local providers to try a new activity
- Book with a Wild Scotland activity operator to learn a new water activity skill, safely and responsibly
- Experience group activities with passionate operators ready to give you a day you'll
 not forget as you explore the coastlines
- Book a boat trip to taste freshly caught seafood or watch wildlife from a different perspective
- Go on a cruise with accommodation on board for a trip with a difference
- Sail the water ways between the mainland and islands as part of your holiday

Some land-based activities to nurture your adventurous spirit

- Book with a local activity provider, with many available across Skye, to hire bikes
 or use your own bike on a guided cycling activity amidst the iconic landscapes.
 Opt for a gentle ride or something more adventurous!
- Learn mountaineering skills, navigation tips and how to safely roam the rugged landscapes of Skye and the small isles on a guided walking experience, suitable for all levels, from beginners to the more experience looking to brush up on some skills or meet other keen walker

Get to know the local wildlife

- Guided wildlife tours on land and at sea will create unforgettable memories and teach you lots about the local wildlife
- Book a wildlife photography session on Skye to help you capture the sights of
 otters, golden eagles plus sea eagles and a wealth of marine wildlife.
- Explore Rum with a guide tour and learn the importance of the area for wildlife in Scotland. The small isle is designated nature reserve and you can spot wild red deer and Manx Shearwater populations

Book amazing experiences with our passionate Wild Scotland members in Skye and the small isles so you can explore responsibility, pick up new fun skills and have memorable adventures.

Experiences in Skye & Small Isles>

THE ISLE OF SKYE AND THE SMALL ISLES ARE A MAGICAL DESTINATION FOR OUTDOOR ACTIVITIES

The Isle of Skye and the Small Isles are a magical destination for

of the most popular to visit.

outdoor activities. Expect rugged mountains, beautiful beaches and

bustling wildlife. Skye is the largest of the Hebridean Isles, and one

attend that I





SHETLAND

Shetland is made up of 100 islands and is home to some of

Britain's greatest natural spectacles.

CAPTURE THE CUTE PUFFINS, SEABIRD COLONIES, AND WORLD-FAMOUS SHETLAND PONIES.

Inner Hebridean water activities

- Get wet and wild when you book a water-based activity including sea kayaking, coasteering, wild swimming, SUP, snorkelling and diving
- Book a boat trip to see the world's third largest whirlpool, Corryvreckan
- Experience the clear waters on a seafood tasting experience on board a boat
 Tiree is world-famous for surfing with its gulf-stream weather system and
- crashing wavesBook a wild swimming experience with a professional guide to learn safety
- Book a wild swimming experience with a professional guide to learn safety tips and how to make the most of your ability

Explore the islands with land-based activities

- Go on a guided cycling experience to get off the beaten track and see the islands in a new way
- Guided walking tours will take you along stunning coastlines, with islands
- views, or climb to some peaks to see the west coast in all its glory
 Learn walking and navigational skills on a 1-2-1 or group expedition

Go wild for the wildlife

- Wildlife watching tours will give you the opportunity to spot otters, whitetailed and golden eagles, basking sharks and minke whales
- · Go on a trip to the Treshnish Islands to see some of Scotland's tamest puffins
- Experience true wilderness on Jura, the island of red deer

Book amazing experiences with our passionate Wild Scotland members across the Inner Hebrides and the small isles so you can explore responsibility, pick up new fun skills and have memorable adventures.

Experiences in The Inner Hebrides>

SCOTLAND

The islands are local between Norway and mainland Scotland, which make them an incredible place to experience nature and wildlife from rugged coastlines including the towering sea cliffs of Foula, Hermaness, Sumburgh Head, Noss and Fair Isle.

Shetland's incredible and diverse geology has brought the isles UNESCO Global Geopark status.

Immerse yourself in Shetland's water

- See the collection of wild islands from the water on a guided boat trip to learn about the geology and amazing wildlife living in Shetland including spectacular seabird colonies
- Enjoy brown trout fishing in one of the many freshwater lochs or try sea angling for mackerel, ling or haddock

Explore the dramatic landscapes

- Guided walking adventures let you explore long-distance trails and meet others on hill walking group adventures, learn about bushcraft, species and foraging
- Explore the islands on an e-bike, or use your own pedal power as you cycle the coastlines or the enjoy some trails. You can hire an electric road or mountain bike and experience 1000 miles of quiet roads with little traffic

Get closer to wildlife and nature

- Book wildlife photography session to capture the cute puffins, seabird colonies, and world-famous Shetland ponies
- Guided wildlife and nature excursions will help you get closer to beautiful sealife
 with the opportunity to spot some of the thousands of grey and common seals,
 an array of marine mammals from dolphins to killer whales to gannets, great
 skuas, fulmars, storm petrels, guillemots, kittiwakes, razorbills and arctic terns.

Book amazing experiences with our passionate Wild Scotland members in Shetland so you can explore responsibility, pick up new fun skills and have memorable adventure.

Experiences in Shetland >

THE INNER HEBRIDES

On the west coast of Scotland are a myriad of Inner Hebridean islands from Canna and Colonsay to Tiree and the Treshnish Islands, each unique and visually stunning. These are the perfect choice for an adventure getaway and some wildlife watching.





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